## After Care Instructions

Tantrum Spray Tan, Inc

At your customized Tantrum Session a Rinse Off Time will be given. Rinse off times depend on the Vegan Solutions applied after your Tantrum Consultation. As I like to say "**Don't go rogue!"**. Wearing solutions longer than necessary can change the desired outcome and may look unnatural.

When rinsing use Warm water. Cold water tends to not completely remove the Bronzer that was applied to your skin. Scalding hot water will not only burn you, but can change color of shade due to intense heat and body temperature. Just Warmer Water Please!

Remember to lift neck and arms when rinsing. Please do **NOT** use hands while rinsing off . Just you standing in the water until all bronzer has been washed away.

Just stand and enjoy your warm 5 minute break from the world. Your welcome!

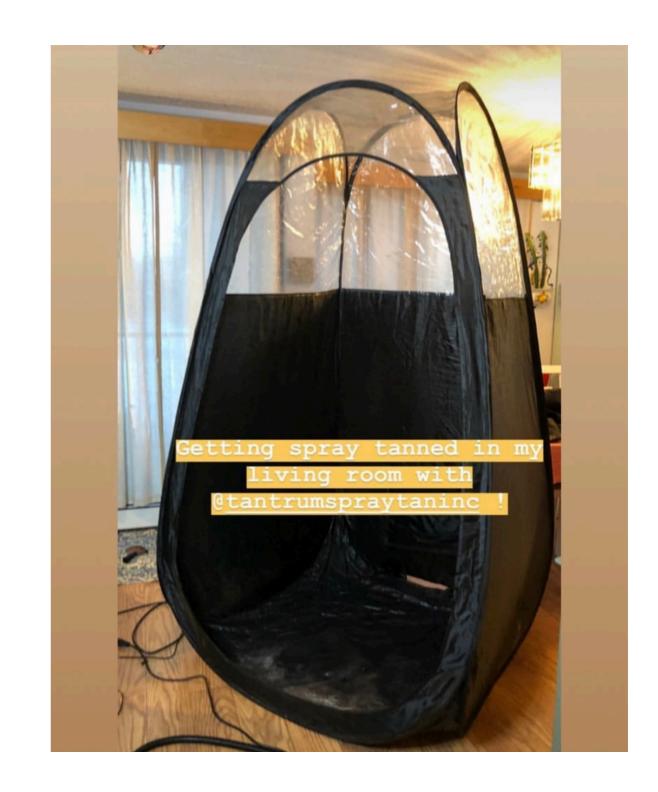
Pat dry with a clean towel. No harsh rubbing. Exfoliation we want to avoid after your session.

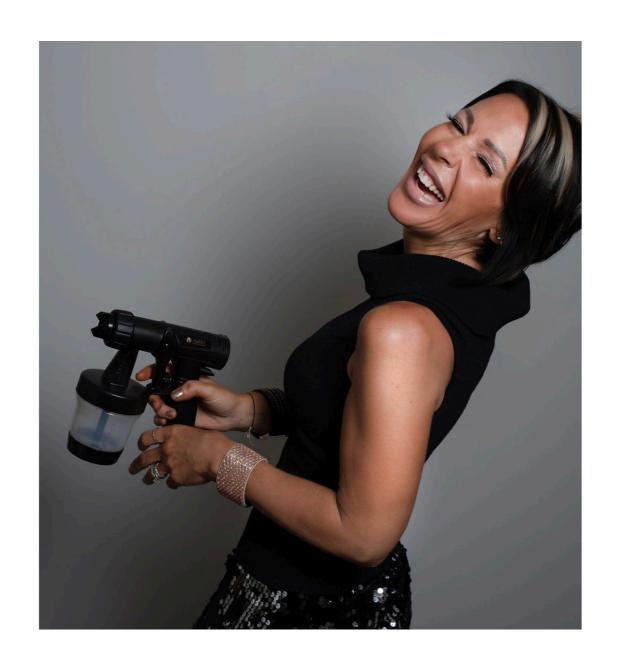
Use a Q-Tip in ears as I will have contoured your face. You will come to find out how I really feel about left over spray tan in an ear. I just can't.... I'm a mom its my job to make sure your ears are clean.

Depending on your customized solution, a time to moisturize will be given to you after your rinse off. Moisturizing twice a day is a necessity to maintain your gorgeous bronze. I can not stress this enough.

Hydration is key. Try to drink water. Please

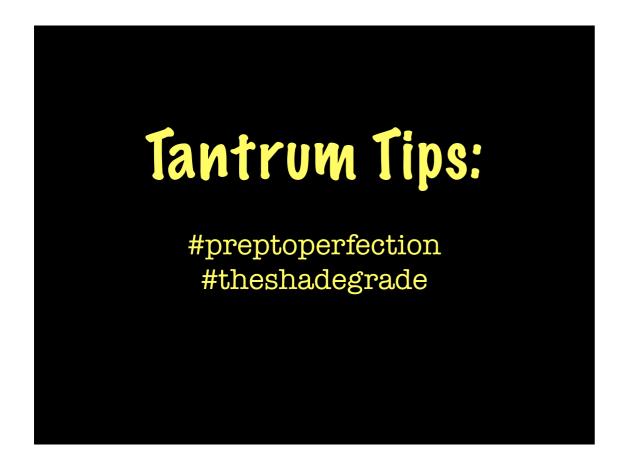
Joy @ Tantrum2020





## Spray Tanning-

"A Roller Coaster of Emotions"
-Joy



BAR SOAP BAN WHILE WEARING YOUR TANTRUM TAN

## AVOID CHLORINE POOLS & HOT TUBS

AVOID BABY OIL, MICELLAR WATER, SKIN CARE WITH AHA'S (GLYCOLIC, LACTIC, CITRIC)

COLOR TAKES 12-24 HOURS AFTER RINSE TO DEVELOP.
IN THOSE HOURS YOU WILL SEE A RANGE OF COLOR SHAPES BEFORE SETTLING. DO NOT PANIC.

SCHEDULE YOUR WORKOUT BEFORE TANTRUM SESSION. POST DEVELOPMENT TIME IS IMPORTANT TO ATTAIN DESIRED SHADE.

AVOID WATER, EXERCISE, AND THE CHILL PART OF YOUR NETFLIX BINGE WHILE WEARING YOUR SOLUTION FOR A FEW HOURS...

-JOY TANTRUM2020

